



# Active Patient ACCESS Report

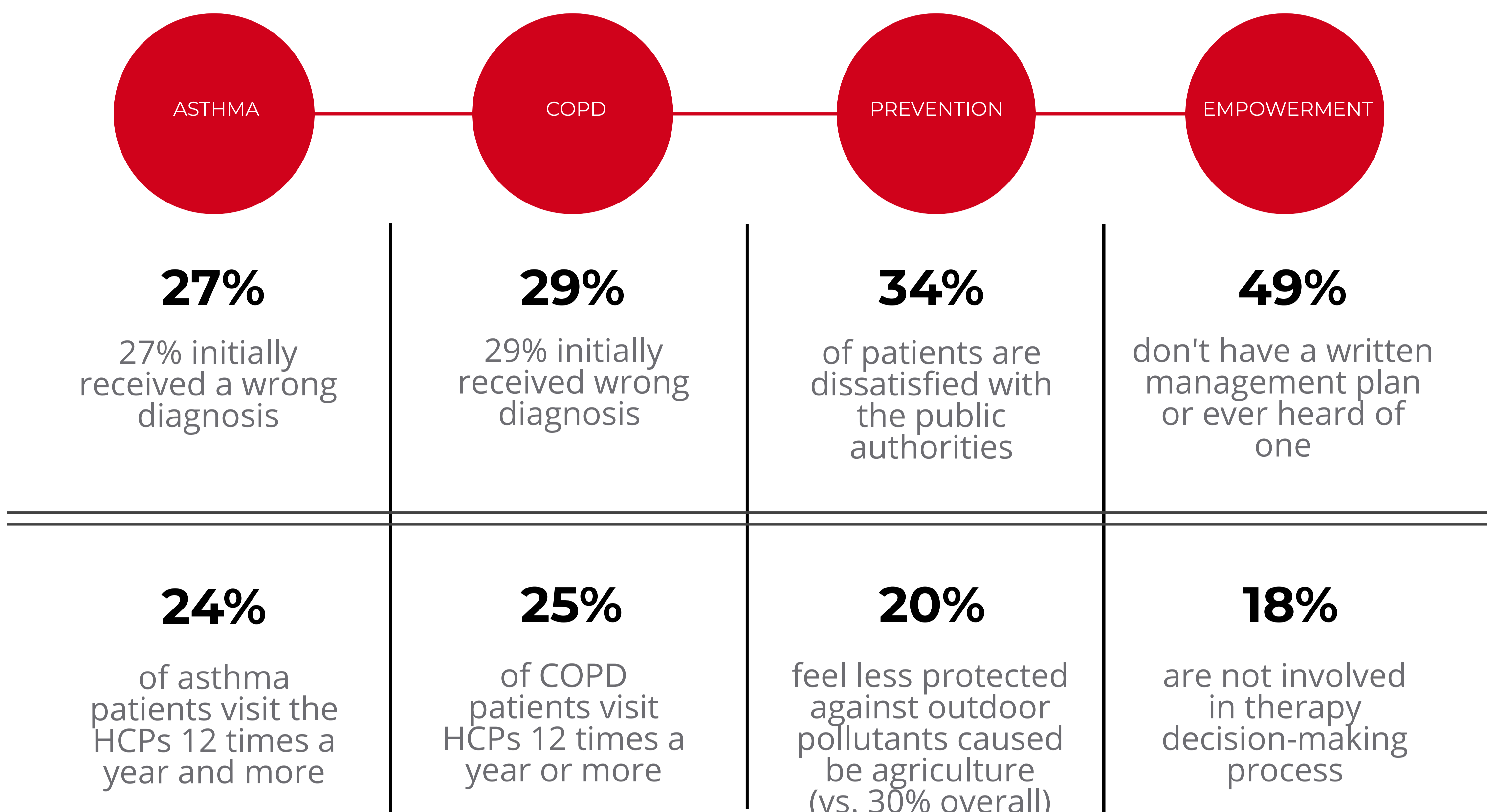
## country fact sheet: Spain

### What is the ACCESS report?

EFA conducted a survey of 700+ participants in seven countries of patients with asthma, patients with COPD and perceptions in prevention and patient empowerment. This country fact sheet represents further examination of highlights or noted deviations from overall averages.

## Summary

Spanish patients in general feel worse off than their counterparts in other countries but have greater access to integrated care centres or patient-centred care or multidisciplinary care. When compared to other countries in the survey, asthma patients feel that disease is not getting enough attention compared to other chronic diseases. COPD patients feel that their life quality is significantly impacted by the disease.



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## ASTHMA

### Care:

- Allergy testing is more used (33% vs. 19% overall)
- Oral corticosteroids/Cortisone pills as 3rd most used (40% vs. 21% overall and the 6th most used overall)

### Perception

64% feel that asthma doesn't get enough attention compared to other chronic disease (vs. 56% overall)

## COPD

### Care

- 50% of patients have been to the emergency room within the past 12 months

### Perception

- 84% feel that their life quality is significantly impacted by the disease (vs. 65% overall)

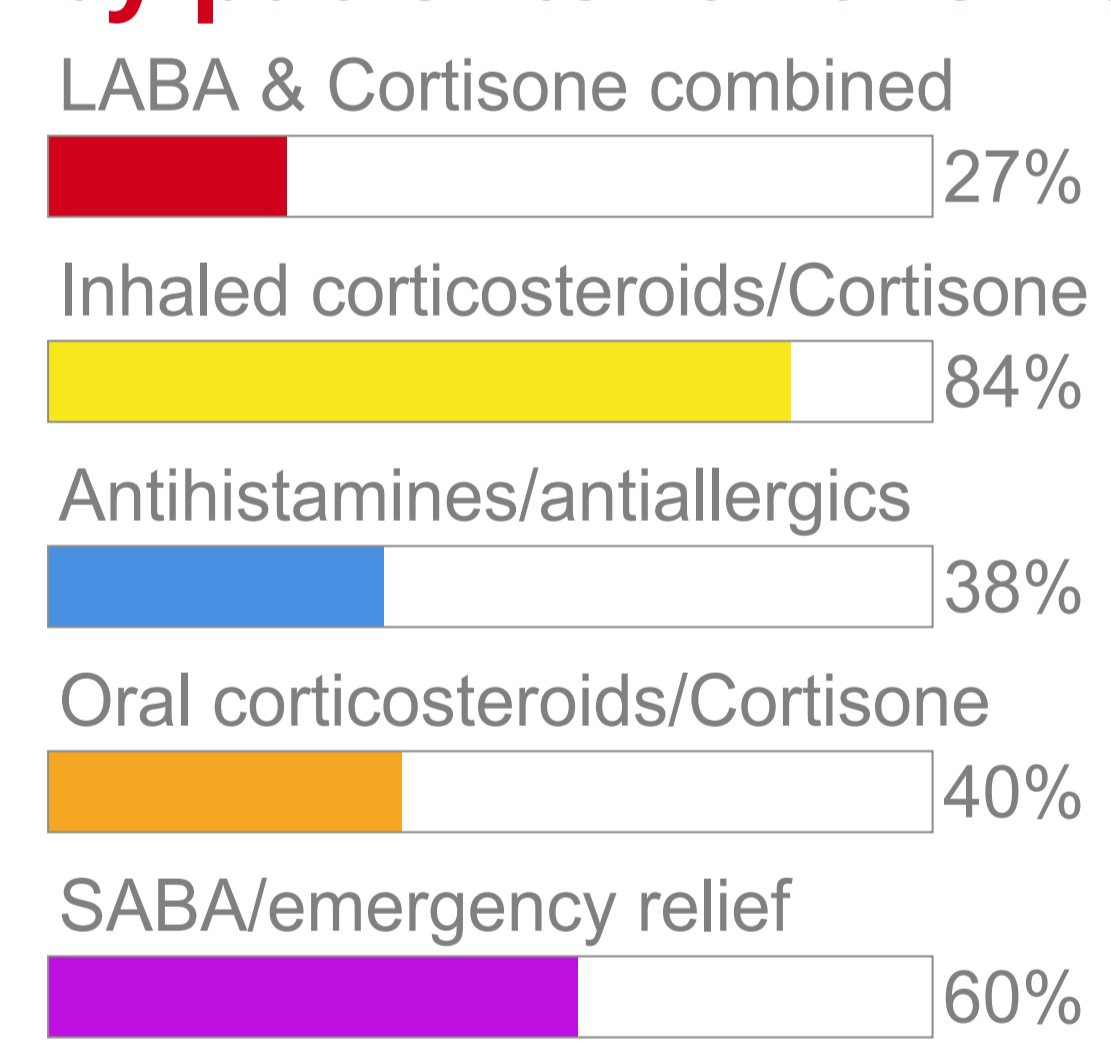
## PREVENTION

- 35% Spanish feel less protected against indoor from building material (35% vs. 45% overall), indoor moulds (22% vs. 32% overall) and indoor from tobacco smoke (51% vs. 71% overall)

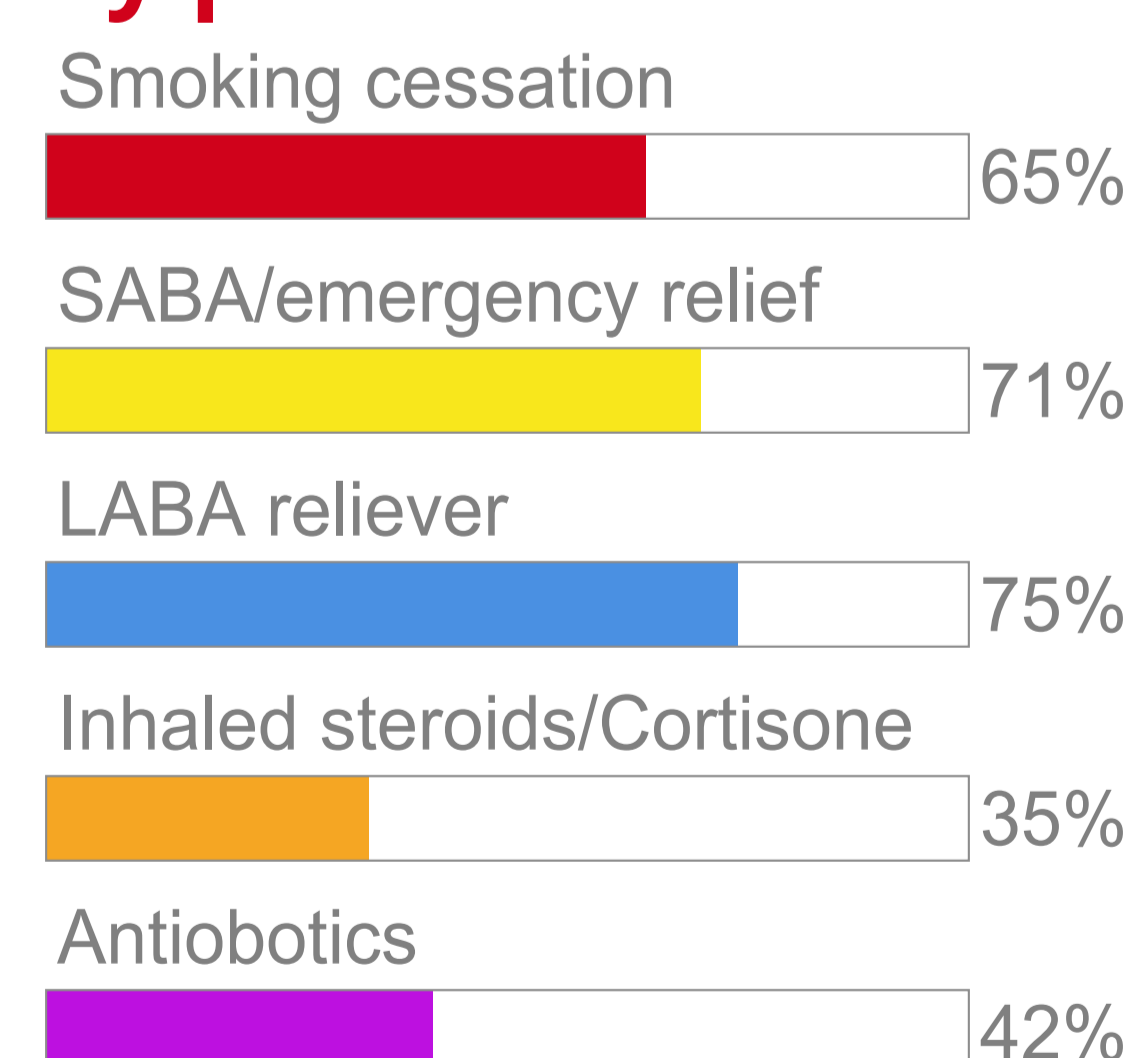
## EMPOWERMENT

- Spanish patients have greater access to Integrated care centres or patient-centred care or multidisciplinary care (31% vs. 16% overall)
- 51% of asthma patients and 62% of COPD patients would be willing to share medical data anonymously with researchers and healthcare professionals in order to make it available for further studies

### Treatments currently used by patients for their asthma



### Treatments currently used by patients for their COPD



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