



Active Patient ACCESS Report

country fact sheet: Italy

What is the ACCESS report?

EFA conducted a survey of 700+ participants in seven countries of patients with asthma, patients with COPD and perceptions in prevention and patient empowerment. This country fact sheet represents further examination of highlights or noted deviations from overall averages.

Summary

Italian asthma and COPD patients are generally satisfied with the diagnosis process. A low percentage of patients are dissatisfied with the public authorities and a majority have written management plans. However, very few if any asthma patients use self-management support tools, while a higher percentage of COPD patients feel that their social life suffers due to the disease versus overall national averages.



ASTHMA	COPD	PREVENTION	EMPOWERMENT
82% are satisfied or very satisfied with the asthma diagnosis process	2 years between symptoms and COPD diagnosis (vs. 3.4 overall)	26% Less concern about the impact of outdoor tobacco smoke (vs. 41% overall)	62% Majority of patients have written management plan (vs. 43% overall)
26% have been to the emergency room within the past 12 months between 1 and 3 times	5% initially received wrong diagnosis	9% of patients are dissatisfied or very dissatisfied with public authorities	65% don't know or ever heard of a Disease Management Programme (DMP)



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ASTHMA

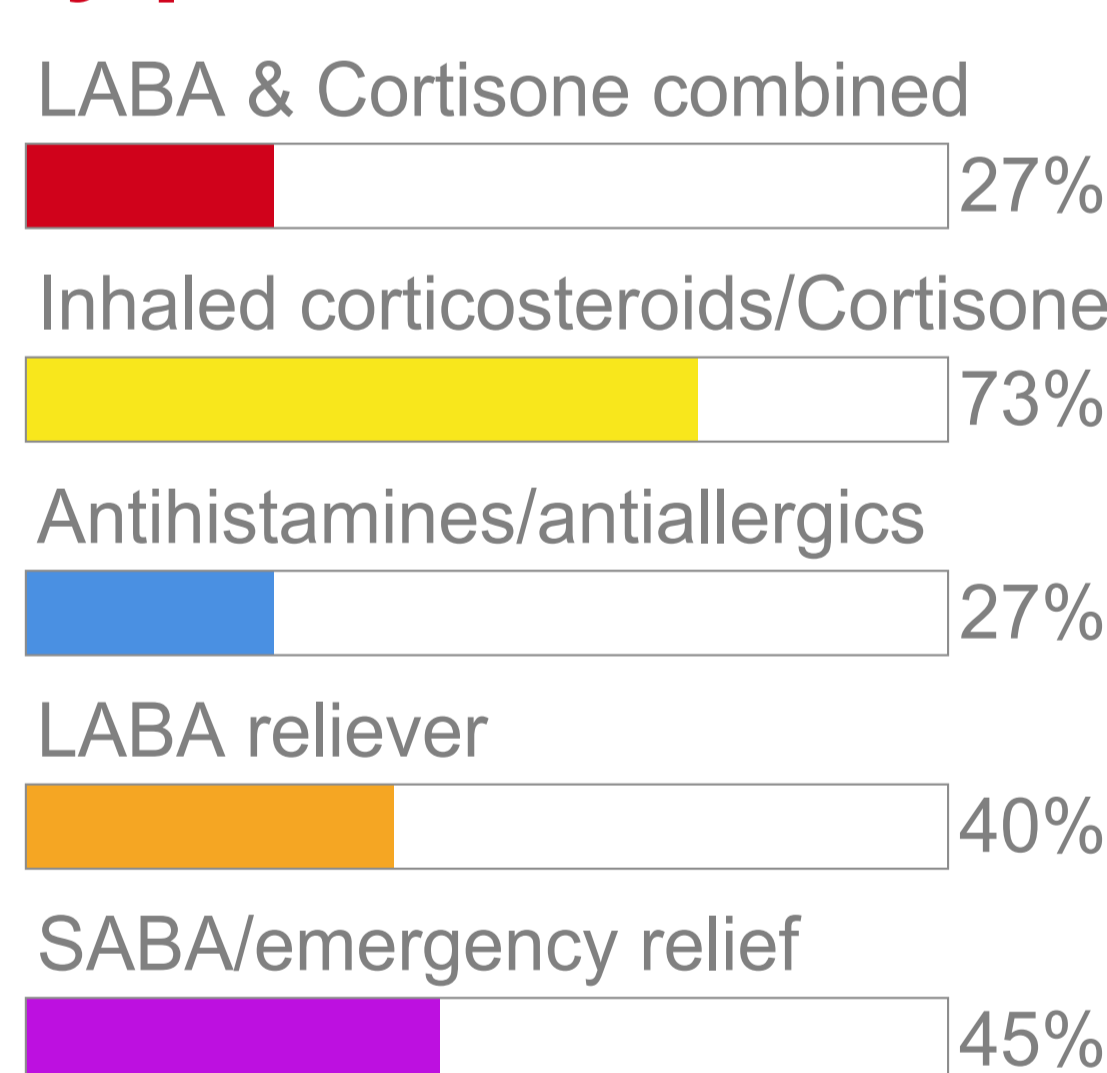
Care:

- Nearly 0% use self-management support tools (like e/m health)
- SABA used less compared to average (45% vs. 62% overall)
- Spirometry (62% vs. 79% overall), laboratory tests (42% vs. 63% overall), X-ray or CT scan (40% vs. 50% overall), flu vaccination (38% vs. 49% overall), (36% vs. 46% overall) used less than overall averages

Perception

Only 10% (vs. 34% overall) believe comorbidities influence therapy

Treatments currently used by patients for their asthma



COPD

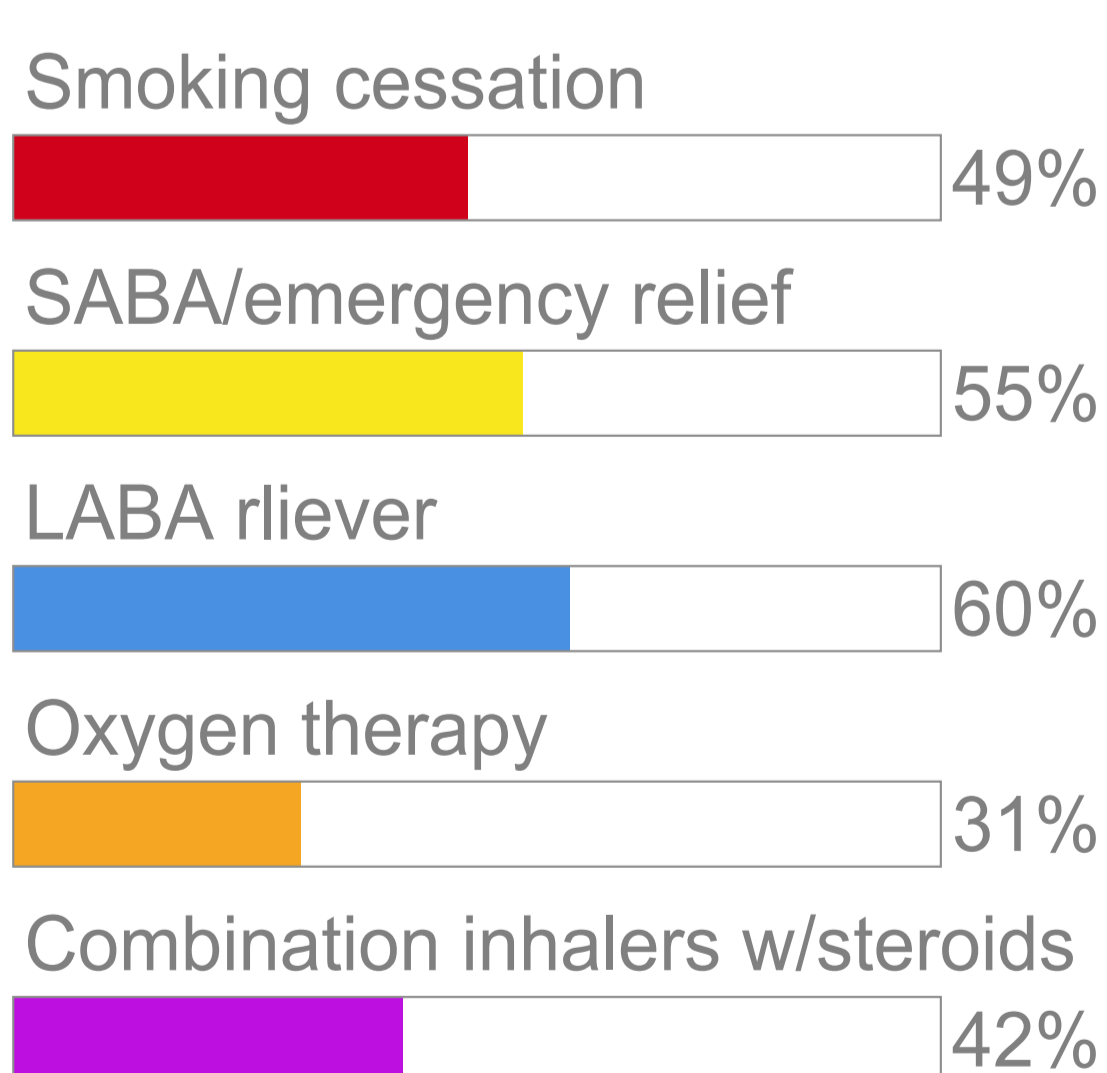
Care

- LABA is the main medication and used more than SABA (60% vs. 55% overall)
- Services used:
 - Flu vaccination: 65% (vs. 53% overall)
 - Pneumococcus vaccination: 53% (vs. 37% overall)
 - Oxygen: 44% (vs. 33% overall)

Perception

- Only 11% (vs 28% overall average) believe comorbidities influence therapy
- 60% feel that their social life suffers due to the disease (vs. 49% overall)

Treatments currently used by patients for their COPD



PREVENTION

- Asthma and COPD action plans are promoted more by public authority more when compared to other countries (39% vs. 29% overall)

EMPOWERMENT

- 70% (vs. 54% overall) receive training on how to inhale from time to time
- Pulmonologists (81%) and GPs (83%) are the main source of information
- Friends and relatives are consulted more than in other countries (53% vs. 40% overall). Allergologists (9% vs. 20% overall) and nurses (8% vs. 20% overall) are consulted less
- Patients have lower access to specialised centres (16% vs. 29% overall)



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