



# Active Patient ACCESS Report

country fact sheet: Spain-

What is the ACCESS report?

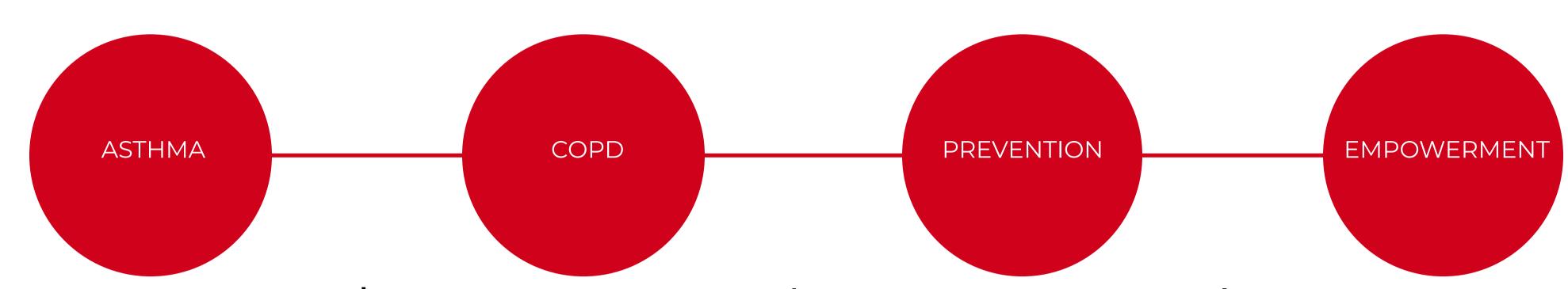
EFA conducted a survey of 700+ participants in seven countries of patients with asthma, patients with COPD and perceptions in prevention and patient empowerment. This country fact sheet represents further examination of highlights or noted deviations from overall averages.



## Summary

Spanish patients in general feel worse off than their counterparts in other countries but have greater access to integrated care centres or patient-centred care or multidisciplinary care. When compared to other countries in the survey, asthma patients feel that disease is not getting enough attention compared to other chronic diseases. COPD patients feel that their life quality is significantly impacted by the disease.





27%

27% initially received a wrong diagnosis

29%

29% initially received wrong diagnosis

34%

of patients are dissatisfied with the public authorities

49%

don't have a written management plan or ever heard of one

24%

of asthma patients visit the HCPs 12 times a year and more

25%

of COPD patients visit HCPs 12 times a year or more

20%

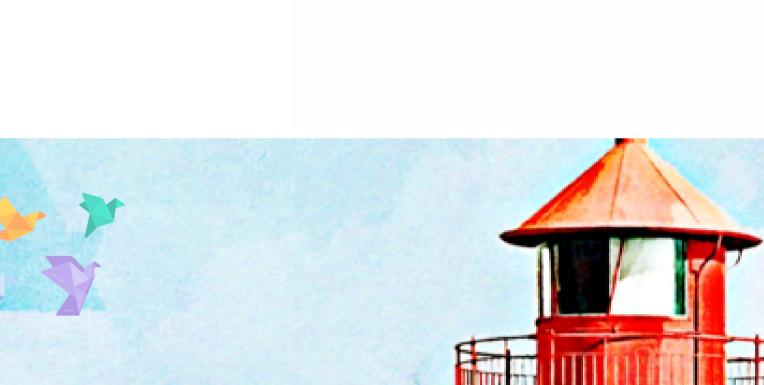
feel less protected against outdoor pollutants caused be agriculture (vs. 30% overall)

18%

are not involved in therapy decision-making process



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#### **ASTHMA**

## Care:

- Allergy testing is more used (33% vs. 19% overall)
- Oral corticosteroids/Cortisone pills as 3rd most used (40% vs. 21% overall and the 6th most used overall)

## Perception

64% feel that asthma doesn't get enough attention compared to other chronic disease (vs. 56% overall)

#### COPD

#### Care

 50% of patients have been to the emergency room within the past 12 months

## Perception

• 84% feel that their life quality is significantly impacted by the disease (vs. 65% overall)

#### Treatments currently used by patients for their asthma

LABA &	Cortisone co	ombined
		27%
Inhaled of	corticosteroi	ds/Cortison
		84%
Antihista	mines/antial	lergics
		38%
Oral cort	icosteroids/0	Cortisone
		40%
SABA/er	nergency re	lief
		600

## Treatments currently used by patients for their COPD

Smoking cessation			
	65%		
SABA/emergency relief			
	71%		
LABA reliever			
	75%		
Inhaled steroids/Cortisone			
	35%		
Antiobotics			
	42%		

#### **PREVENTION**

 35% Spanish feel less protected against indoor from building material (35% vs. 45% overall), indoor moulds (22% vs. 32% overall) and indoor from tobacco smoke (51% vs. 71% overall)

#### **EMPOWERMENT**

- Spanish patients have greater access to Integrated care centres or patient-centred care or multidisciplinary care (31% vs. 16% overall)
- 51% of asthma patients and 62% of COPD patients would be willing to share medical data anonymously with researchers and healthcare professionals in order to make it available for further studies