



Active Patient ACCESS Report

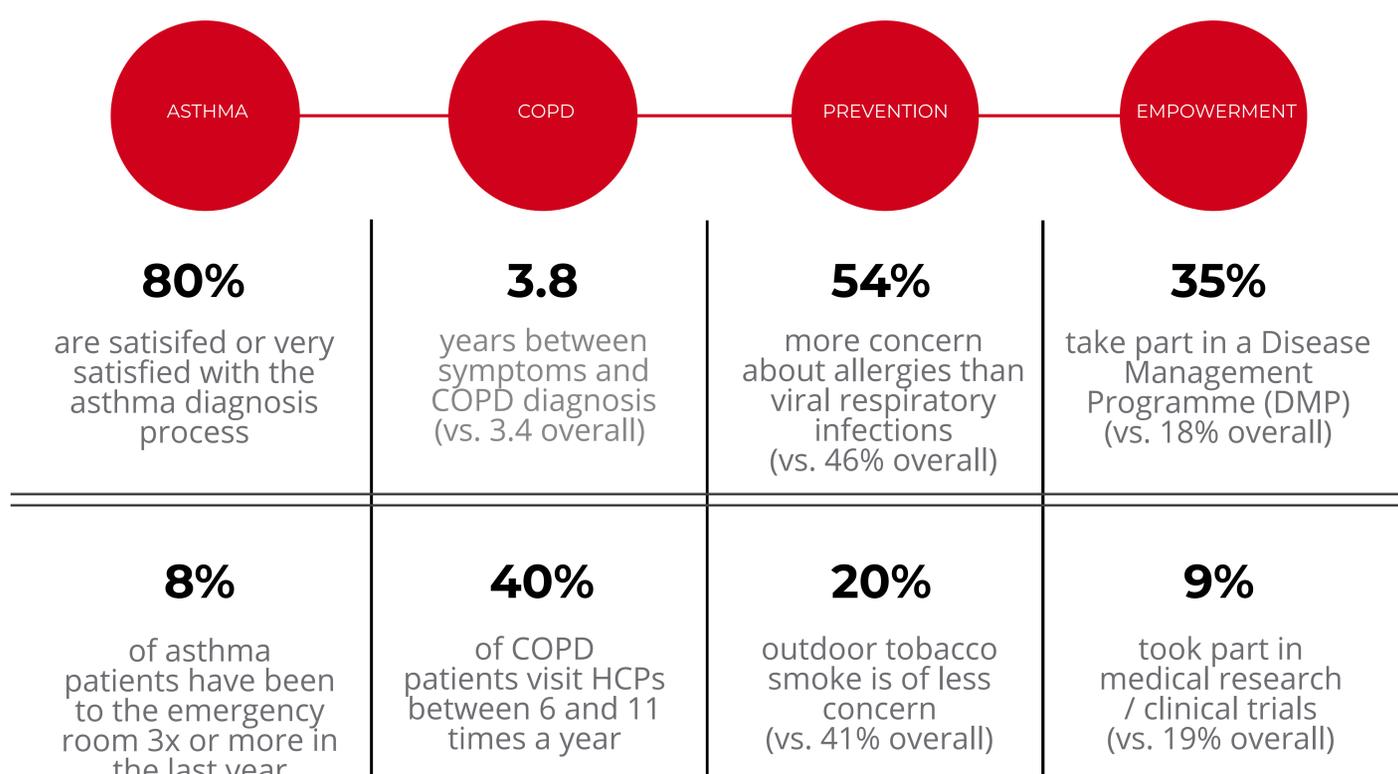
country fact sheet: Germany

What is the ACCESS report?

EFA conducted a survey of 700+ participants in seven countries of patients with asthma, patients with COPD and perceptions in prevention and patient empowerment. This country fact sheet represents further examination of highlights or noted deviations from overall averages.

Summary

German asthma patients believe their quality of life is generally better when compared to other European countries, but some are still frequently visiting the emergency room. German patients also believe public authorities are doing more to protect them. Frequent check-ups and action plans are also promoted. However, German patients have lower access to support groups and patient organisations.



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read full report: <https://efanet.online/ACCESS>



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ASTHMA

Diagnosis testing

Provocative testing (physical activity) (55%) used much more than spirometry with relief spray (20%)

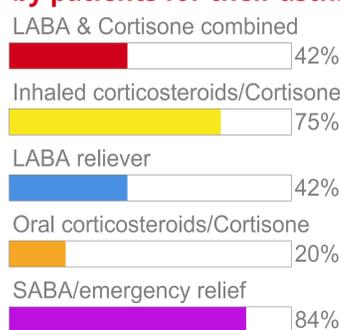
Care

SABA most used treatment (84%), more than inhaled corticosteroids (75%)

Perception

German patients believe their work life (40% vs 50% overall), relationships (22% vs. 32% overall) and living standard (28% vs. 46% overall) is less impacted compared to other countries

Treatments currently used by patients for their asthma



COPD

Diagnosis testing

Laboratory tests (eg AAT deficiency) more used than X-ray (69% vs. 51% overall)

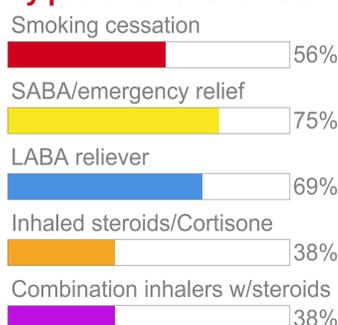
Care

- Services used:
- Specific training/exercises used less than average (13% vs. 28% overall)
 - Pulmonary rehabilitation used more than average (36% vs. 25% overall)

Perception

Fewer German patients (44% vs 56% overall) believe that COPD doesn't get enough attention when compared to other chronic diseases

Treatments currently used by patients for their COPD



PREVENTION

- The perception of protection by public authority against indoor risk factors is generally higher than in other countries, in particular: tobacco smoke (82% vs. 71% overall), building material (62% vs. 45% overall), moulds (50% vs. 32% overall)
- Frequent check-ups (65% vs. 46% overall), pneumococcus vaccination (57% vs. 46% overall), education (50% vs. 38% overall) and asthma and COPD action plan (42% vs. 29% overall) are promoted more by the public authorities compared to other countries

EMPOWERMENT

- GPs (85%) are the main source of information - friends and relatives (55% vs. 40% overall) and pharmacists (48% vs. 35% overall) are consulted more than in other countries
- Patients have lower access to support groups and patient organisations (20% vs. 32% overall) and specialised centres (15% vs. 29% overall)



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