

A European Patient Perspective on Severe Asthma

Looking to the Future

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LISTENING to European asthma patients

The severity of my asthma means I don't have much of a social life and so I feel very isolated. It's also embarrassing to have to [use] your nebuliser in public. I've lost a lot of friends because of my illness. My relationship with my partner broke down because of my asthma ""





"I would like the air to be cleaner, to make breathing easier, and I would like children with asthma to grow up to have a future without the problem of environmental pollution."

Soledad Alonso



the PROBLEM

- ✓ Inadequate communication and partnership
- ✓ Insufficient research
- ✓ Unsatisfactory health care
- ✓ Involuntary exposure to pollutants



the CONSEQUENCES

- Compromised lives
- Unnecessary illness
- Social isolation
- Preventable deaths



the **SOLUTION**

- Expert care where I live
- Sustainable research
- Clean Air (indoor and outdoor)



CARE

- Access to specialist care
- Patient centered care
- Access to modern treatments
- ✓ Patient-physician partnership
- Freedom of choice



RESEARCH

- ✓ Independent funding
- ✓ Innovative treatments
- ✓ Prevention programmes
- ✓ Finding the cure



CLEAN AIR

- Banning smoking
- Reducing exposure to pollutants



Thank you

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